

List of Foods for Specified Health Uses (FOSHU)

As of October 10, 2000

	Product name	Applicant	Type of food	Functional component	Health claims approved by the Ministry of Health and Welfare	Date of approval
1	YOGHURINA	Suntory Ltd.	Lactic acid bacteria drinks	Xylo-oligosaccharides	This drink helps increase intestinal bifidobacteria and maintain a good GI condition.	10/01/97
2	CALCIUM PARLOR	Takara Shuzo Co., Ltd.	Soft drink	CCM (Calcium citrate malate)	This product contains calcium with high bioavailability, and is thus suitable for supplementing calcium intake, which tends to be insufficient in the normal diet.	
3	CALCIUM 160	Takara Shuzo Co., Ltd.	Soft drink	CCM (Calcium citrate malate)	This product contains calcium with high bioavailability, and is thus suitable for supplementing calcium intake, which tends to be insufficient in the normal diet.	
4	MEIOLIGO (Granule)	Meiji Seika Kaisha, Ltd.	Table sugar	Fructo-oligosaccharides	This product helps increase intestinal bifidobacteria and thus helps maintain a good GI condition.	
5	MEIOLIGO (Syrup)	Meiji Seika Kaisha, Ltd.	Table sugar	Fructo-oligosaccharides	This product helps increase intestinal bifidobacteria and thus helps maintain a good GI condition.	
6	NICHIREI ACEROLA EXTRABLEND	Nichirei Corp.	Soft drink	Soybean oligosaccharides	This product is suitable for those who are concerned about their GI condition. It increases intestinal bifidobacteria, and thus helps maintain a good intestinal environment.	
7	OLIGO CC	Calpis Co., Ltd.	Carbonated beverage	Soybean oligosaccharides	This product is suitable for those who are concerned about their GI condition. It increases intestinal bifidobacteria, and thus helps maintain a good intestinal environment.	
8	SOYBEAN OLIGOSACCHARIDE SYRUP	Calpis Co., Ltd.	Table sugar	Soybean oligosaccharides	This syrup is suitable for those who are concerned about their GI condition, as it increases intestinal bifidobacteria and thus helps maintain a good intestinal environment.	
9	ELTOS (Syrup)	Taisho Pharmaceutical Co., Ltd.	Table sugar	Soybean oligosaccharides	This syrup is suitable for those who are concerned about their GI condition. It increases intestinal bifidobacteria, and thus helps maintain a good intestinal environment.	
10	ELTOS (Granule)	Taisho Pharmaceutical Co., Ltd.	Table sugar	Soybean oligosaccharides	This product is suitable for those who are concerned about their GI condition. It increases intestinal bifidobacteria, and thus helps maintain a good intestinal environment.	
11	OLIGO-COFFEE	Meiji Seika Kaisha, Ltd.	Softdrink	Fructo-oligosaccharides	This product helps increase bifidobacteria and maintain a good GI condition.	05/20/98
12	OLIGO TIME (Syrup)	Showa Sangyo Co., Ltd.	Table sugar	Isomalto-oligosaccharides	This syrup is suitable for those who are concerned about their GI condition. It increases intestinal bifidobacteria, and thus helps maintain a good intestinal environment.	04/24/98
13	MS MEIOLIGO (Syrup)	Meiji Seika Kaisha, Ltd.	Table sugar	Fructo-oligosaccharides	This syrup is made with fructo-oligosaccharides. It increases intestinal bifidobacteria, and thus helps regulate the GI condition.	
14	DAIZU KARAAGE	Fuji Oil Co., Ltd.	Soy-bean balls for frying, without soy protein coating	Soy protein	This product uses isolated soy protein as its raw material. It is designed with the purpose of easy-intake of soy protein, which helps lower the level of serum cholesterol. It helps improve the diet of those who are concerned about their cholesterol level.	